LOA
for the
Real World
7 Big Fat Clues to Getting What You Want
by Good Vibe Coach, Jeannette Maw
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LOA for the REAL WORLD...
Chapter One:
The Secret of What You Really Want!

What you think you want probably isn’t what you really want.

Lots of people aspire to use the Law of Attraction to...

- get the job they’ve wanted
- attract the person they’ve had their eye on
- achieve the physical fitness that’s been elusive
- grow a big bank account
- buy a luxury car
- get a new house or go on vacation
- or something else they think will make them happy.

The bottom line is that this thing you want is really just the “middle man.”

**What you really want is how you think this thing is going to make you feel.**

Whether it’s happy, peaceful, secure, relaxed, excited, or something else – what you truly desire is the feeling you think this thing you’ve got your heart set on is going to give you.

Don’t be fooled.

Happiness doesn’t come from a job… a person… a big bank account or nice car. It comes from you. It’s an inside job.
Your choosing to feel happy is the only way to get there. And you can choose that at any time! You don’t have to let it hinge on this other thing happening.

In fact, as you choose your desired feeling NOW, you become much more attractive to letting the good stuff in.

Having said that, I don’t want you to think I’m trying to talk you out of what you want. I’m all for nice cars, an abundance of cash, hot bodies and rewarding relationships.

Just know that that’s not what makes you happy. You make you happy. That’s the only way it works.

What You Think You Want May Not Be

Here’s another thing to keep in mind.

Many of us fall in the trap of wanting what we think we should want.

We’re often conditioned to live up to societal and cultural expectations, which include a variety of things, like ...

- going to college
- getting married
- living a particular lifestyle
- rising in a career
- having kids
- and more

... that may not be our true gig or really ring our bell.

The problem is when we don’t check in with ourselves as to what OUR version of success looks like.

For example:

... in my parent’s version of my success, I’m married with two kids who excel in their college studies, enjoying the fruits of my labor at the top of the corporate ladder.

... my boyfriend’s idea of my success is creating a stable self-employment where I have nights and weekends available to goof off with him.

Turns out my version of success is quite different than everyone else’s. How 'bout that?
Your Version of the Story

What does YOUR version of success look like?

Only you can answer that, and it’s crucial that you do.

Get clear on what your idea of a good time in this life is. And relieve yourself of feeling that you need to live up to others’ expectations.

Once we get a peek or a hint of what we really want, it can be an intimidating revelation.

Some of us are subconsciously reluctant to acknowledge an authentic desire, because to admit and recognize what we want makes us vulnerable to failure and disappointment.

We face risks when we set our heart on something, and some of us have been conditioned in life to avoid those risks at all costs.

Daring to want what you want takes courage and boldness.

Claim it!

Please don’t hold back. All your dreams are within reach, no matter how big or crazy they might seem. If you can imagine it, you can have it - especially once you know how to work the system.

What I’m saying is ... everything is possible to you, but it requires that you claim it for yourself and commit to it in order to achieve it.

That doesn’t mean you have to announce your dream of becoming the next ice skating world champion to the world once you realize (although that might be a good start to get the Universal wheels turning in your favor).

Sometimes it feels better to protect our dream from the harsh winds of ridicule or scoffing by the ones we love and trust.

You’ll know when your belief in your desire is strong enough to reveal to others. In the meantime, let it live within you. That’s where it all starts anyway.
Key Points:

1. Don’t be fooled about what will make you happy. **YOU make you happy.** That’s all it can ever be.
   
   Don’t suspend your happiness until you get this thing you want.
   
   Rather, get happy NOW (or whatever feeling you’re seeking), which is the best way you can let this desire of yours manifest.

2. It isn’t the thing you really want, it’s the FEELING you think it will give you.

3. Know what your authentic idea of success is.

4. Claim it out loud (or at least out loud to yourself). **Commitment gets the Universal wheels turning on your behalf.**
Chapter Two:

The Addiction That Can Destroy Your Dreams

In my experience, one of the top reasons people don’t get what they want...

is because their attention is stuck on 'what is.'

They’re addicted to reality.

They’re not willing to redirect their focus on what they desire, because the evidence in the world around them is too overwhelming.

We think we have to...

... keep our eye on the ball, because

... if we don’t “watch out” we might get hit with something ugly.

We’re in this constant state of “readiness” for what might happen, and it keeps us from hitting the real target of what we want.

Because we can’t get what we want while we’re continually looking at 'what is.'

The Old Way

You might be able to relate to this typical scenario I see people repeat time and again.

(Hey, I do it myself sometimes.)

We become aware of a new desire. It awakens something within us and we get excited about the possibility of achieving it.
Maybe we write it down on a goal sheet, make a resolution, or set an intention for it.

And then, slowly but surely …

... it slips away into the dark recesses of our mind as we spend waking hours focused on what IS. Which is usually the absence or seeming impossibility of that thing we dreamed about.

The only way something new can happen in your world is if you create an opening for it!

Having your attention focused squarely on what’s happening does NOT allow that opening.

You have to suspend belief, even if just temporarily, in order to entertain the possibility of something new happening.

- Step 1: Use your creative abilities to fantasize about what you want.
- Step 2: You must use the powers of your imagination to create an image or feeling of what you’d like to create.

While you do so you’re creating an opening for the Universe to deliver it. You’re aligning with your desire while you think these thoughts about having it or seeing it unfold.

The problem is that we often don’t give air time to our desires, usually because we’re either scared of being disappointed or because we’re simply addicted to observing reality around us.

Neither of which allows an opening the Universe needs to bring us what we asked for.

**Release Your Grip On Reality**

It is crucial to align vibrationally with what you want, which is what allows it to manifest.

When all we do is observe “what is,” we can’t create anything other than “what is.”

For example:

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LOA for the REAL WORLD...
• I can’t manifest clients while I’m focused on a lack of clients
• I can’t manifest health while I’m giving attention to symptoms of sickness
• Universe can’t bring me riches while I’m talking continually about poverty

Which is why you need to get off of the reality that isn’t serving you.

Here’s another tip:

**Become a master of manipulating your perception so that you can interpret reality in a way that supports your manifestation rather than impedes it.**

Say you want financial freedom.

Instead of focusing on mounting debt or missed payments, start seeing the money that IS in your life, and how well it’s serving you.

Flow attention toward the bills that ARE getting paid, and the beauty of the money that DOES come into your life.

Your ability to choose a new perspective is a powerful way to get vibrationally aligned with your desire.

Once you “lose your grip on reality,” you’re an open vessel for the good stuff to start coming in!

**Key Point:**

• **Get off reality.**

  You’ve got to take your attention off what IS. You’ve got to be willing to fantasize or imagine what isn’t real yet. Your life can’t change until your focus does.

Life Follows Your Thoughts!
Chapter Three:

Baby Steps, Feeling Good & Changing Reality

Yes, feeling good is important.

We hear it all the time: “nothing is more important than that I feel good.” It’s true.

But there are times that feeling good just isn’t gonna happen. The relationship ended; the boss fired us; the doctor doesn’t have good news.

That’s when many of us get discouraged that if we have to “get happy now” in order to make our wish list materialize, there’s no way any deliberate creation is happening because we are far far far from happy.

It’s okay.

You don’t have to feel good in order to make progress toward your desire.

All you have to do is feel better.

Just a little bit of relief from any negative feelings you’re feeling now will help you allow your dreams to come true.

Finding A Way

So find a way to feel better.

Once students of the Law of Attraction learn about the effects of a positive feeling vs. a negative one, they naturally get nervous about having negative feelings.

They know negative attracts negative, and so with every negative thought they beat themselves up for feeling bad and get caught in an endless loop of misery.

Relax.

LOA for the REAL WORLD...
It’s not realistic to expect you’ll never entertain a negative thought again. And that’s okay. In fact, some of my most powerful miracles have come at a time when I was at my lowest of lows.

The work in becoming a powerful manifestor isn’t about releasing all your negative thoughts.

**Rather, your success lies in reaching for better-feeling thoughts.**

It’s okay to be angry when you feel angry.

And as you get okay with whatever feelings are up for you, you process through it more quickly than if you were repressing or denying it.

Some folks want to put off their deliberate creation efforts until they’re in a “better space.” You don’t have to be continually “up” in order to create what you want in life. If that were the case, most of us would be in big trouble!

Start with where you’re at, and know that wherever that is... is okay.

**You Can Get There From Here**

Sometimes the easiest way to raise your vibration is to make peace with 'what is' rather than alter the existing circumstances or situation.

If we depend on things outside of us to be a certain way before we feel better, we could be waiting a long time.

You must exercise your power to manipulate how you feel despite what’s happening (or not happening) around you.

So how to feel better when in the midst of a situation that feels bad?

There are a variety of techniques and processes that can help you accomplish this, and practicing with a few of them will undoubtedly help you learn what works best for you.

LOA for the REAL WORLD...
My personal favorites are...

1) **What’s the worst that could happen?**

   Often my gremlin likes to exaggerate what’s happening, so it seems like what I’m facing now is a life or death situation. That’s rarely the case.

2) **Remember that everything is temporary.**

   Change is always happening. That’s the one thing we can count on. So when it seems I’m stuck in something I don’t like, I remember that change is happening already, and soon things will be moving.

3) **I remember to keep my nose out of God’s business.**

   I don’t really have any idea of knowing what’s best. When I think something isn’t going my way, I tell myself that this very likely IS going my way, I just can’t see how that’s true - yet. Hindsight usually affords that knowledge, and I rest more easily trusting the Universe is acting in my best interests.

4) **Release Techniques**

   Sedona Method, Byron Katie’s Work, Two Questions, Ho’oponopono, EFT - there are a wide variety of release techniques that do wonders in relieving us of negative feelings. Do some research online to put these processes to work in your favor.

Cultivating a habit of reaching for a better feeling thought will serve you well.

This is almost as rare a skill as the ability to dwell in fantasy versus reality. But **as you train yourself to find and hold the thoughts that feel better, your world will gradually improve.**
Key Points:

1. You don’t have to feel good, you just have to feel better.

2. Sometimes the best way to feel better is to make peace with what is (rather than change what is).

3. Don’t worry about trying to eliminate all negative thoughts. Just don’t get carried away with them.

4. Practice a release technique that works for you to reach for a better-feeling thought. It’s a good habit to cultivate.

Life Follows Your Thoughts!
Chapter Four:

Releasing Resistance:
The Key to Vibrational Alignment

All right, what’s all this talk about resistance?

If you haven’t heard the term “resistance” in regards to deliberate creation, you will sooner or later.

This is key to getting what you want, so here’s the skinny:

- Resistance is discord.
- Resistance is going against the flow.
- Resistance feels like anxiety, stress, fear or doubt.
- Resistance is the opposite of allowing.

And allowing is where the action is.

The way I learned it from Abraham-Hicks is that when we experience a desire (whether we’re conscious to it or not), the Universe immediately grants that desire.

We’re down here on planet earth doing this “contrast” thing, and each time we experience contrast, we birth a desire. Universe hears and grants that desire instantly.

It’s like we created a party somewhere, just by having that new desire, and the party’s going on with or without us.

“You are Everything That Is, Your Thoughts, Your Life, Your Dreams Come True.

You are Everything You Choose to Be.

You are as Unlimited as the Endless Universe.”

~ Dr. Shad Helmstetter
Our goal is to get into our own party.

The Way We Get In... Is By Allowing

Allowing feels like natural ease, going with the flow, feeling good. The challenge is that most of us don’t spend much time there.

We’ve been conditioned over the years to live with resistance, so learning to allow can take deliberate attention.

We create the state of allowing when we release resistance.

And releasing resistance is key to effortless manifesting.

**Releasing resistance is what allows us to experience vibrational alignment with our desire.** That basically means we have to let go of whatever’s keeping us *out* of alignment.

In order to release resistance, it helps to become aware of what resistance is and when you’re in it. Once you spot it, then you can practice a variety of ways to let go of it.

The beauty of stepping out of resistance is that as you do so, you’re stepping *into* allowing. **And that’s when things start happening!**

So how do you spot resistance?

The answer is surprisingly simple...

Anything that doesn’t feel good.

Anything that feels like:

- effort
- struggle
- pushing
- work
- “shoulds”
- paddling upstream
- or anything that feels not so good.

You may be surprised to realize how much of your time is spent in resistance, once you become conscious to it.

LOA for the REAL WORLD...
But don’t let that cause you even more resistance.

It’s okay.

Wherever you’re at now is just fine.

Part of releasing resistance is making peace with what is. We talked about that in the last chapter.

**Your power lies in learning to be okay with what’s happening**, maybe even appreciate what’s happening, and get really good at thinking, saying and doing what feels good to you.

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**Daily Disciplines**

Author Michael Neill said the most difficult discipline to adopt is that of choosing to do what feels good.

I suspect he’s right.

It’s surprisingly challenging for us to let go of what doesn’t feel good and to move in the direction of what does.

Undoubtedly it’s because our social conditioning rewarded us for listening to others over our own internal guidance, for working hard, persevering, paying our dues, etc.

Had we been taught to follow our “feel good” (which we were naturally gifted at as children), we wouldn’t be discussing this now. We’d already be skilled at following our internal guidance and doing what felt best.

As it stands, though, most of us have lots of room for improvement on this point.

Start paying attention to when it feels like you’re struggling; when you’re fighting an uphill battle or paddling upstream. **As you become aware of when you’re doing that, use that awareness to simply let go.**

Get your oars out of the water, cease the battle, give up the struggle.

Instead, go with the flow, let yourself seek out the answer to the question “what would feel better right now?” and dare to do whatever it is.

Sounds good, right?
Putting it into practice is a challenge for most people.

When you’re in the midst of a work project that’s going south, or stuck in a family argument, or fighting your own body that doesn’t seem to cooperate with you …

It’s one thing to say “release resistance,” and it’s another to practice it.

But that’s how you do it – how you learn to release resistance is by practicing it!

You’ll get better over time, trust me.

When you’re doing the thing at work that doesn’t feel good, and you catch yourself in it, ask yourself:

“What Would Feel Better Now?”

Taking a break from it?

Scrapping the current strategy and trying a whole new approach?

Calling in assistance from a colleague?

Check in with yourself about what feels best to you, and dare to do it, no matter how much “sense” it does or doesn’t make.

**Good things can’t happen to you unless you’re feeling good.**

If you’re not feeling good, you’re in resistance. And that’s what I want you to learn to let go of.

So releasing resistance – which is anything that has us feeling bad – is crucial.

The release techniques offered in chapter three can help you release resistance.

Other methods for stepping into allowing include:

- learning to **hold your desire confidently and lightly without attachment**
- knowing, believing and trusting it will come to fruition
- taking any inspired action that makes it easier for you to embrace that belief
- and being open to not knowing (or having to know) “how” it will happen.
Key Points:

1. **Releasing resistance is key.**

2. Anything that doesn’t feel good is resistance.

3. **With commitment and deliberate attention, you can learn to release resistance** at will in order to create the phenomenon of “allowing.”

4. **When you allow, you’re at one with the flow of source energy and things happen naturally and effortlessly to satisfy your desires.**

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Life Follows Your Thoughts!

Up next I share what I believe is the most important nugget of knowledge in successful deliberate creation …
Chapter Five:

I Love Me!

Your best manifesting success requires that you learn to love yourself unconditionally.

That’s right. I said love yourself.

All the way.

Unconditionally.

It’s what I consider the biggest key to letting the good things you’ve been wanting into your life.

In the previous chapter we talked about the importance of releasing resistance, and what that looks like in real life. One of the most common sources of resistance is how we feel about our Self.

Have you listened to your self-talk lately?

Do you hear what you say to and about yourself?

In “Success Principles,” Jack Canfield quotes research that says we have on average 50,000 thoughts per day, 80% of which are negative.

Not all those negative thoughts are directed toward ourselves, but my experience tells me much of what we say to ourselves isn’t very nice.

As you tune in on what you’re saying to yourself, you might hear things like:

• “I should have known better.”

• “Why did I do that?”

“Loving yourself unconditionally is one of the most powerful manifestation techniques you’ll find.” ~ Jeannette Maw
• “I’m not smart/strong/young/pretty enough.”
• “I always get it wrong.”
• “I am such an idiot.”
• “Who could love someone like me?”

Look, these types of thoughts – which are affirmations, you know – are not serving you.

This kind of mental chatter is not in alignment with good things coming your way!

You must release these thoughts and embrace new ones that feel much better.

Thoughts like:

• “I know what to do.”
• “I got this handled.”
• “Man, I rock!”
• “Woo hoo, look at me go!”
• “I’m the best there is!”
• “I got it goin’ on!”
• “You go, girl!”

are much more in alignment with the success you’re dialing into.

Loving Yourself Unconditionally

Loving yourself unconditionally is one of the most powerful manifestation techniques you’ll find.

Once again, this is usually easier said than done.

So how do you love yourself unconditionally?
1. You **give up thinking that something about you isn’t right**, or needs fixing.

2. You stop suspending your approval of yourself for when you achieve some marker or milepost.

3. You find things to love about yourself - **right now, just as is** - and give up the rap where you beat yourself up for imagined shortcomings.

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As you focus on what you appreciate about who you are, you flow a vibration that allows the Universe to bring you the good stuff.

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Plus, get this – it feels good!

**It feels good to love yourself.**

That reason alone is worth practicing it, but it is an absolute crucial step to easy manifesting.

If you think there’s something about you that you can’t love or accept, try again.

Would you hold this against someone else that you loved dearly?

My guess is that you’d cut them some slack. Cut yourself that same slack. **You are complete and whole and perfect just as you are.**
It's All About Having a Good Vibe

One of my favorite affirmations when I notice something about myself that I might not normally embrace is “I LOVE that about me!”

Especially if it’s something that makes me unique, or stand out, or something that most people might think is “off.”

For example, last year I started snorting in front of my new boyfriend when I laughed.

As soon as I caught a whiff of the feeling of “embarrassment” I went straight to “I LOVE that about me!” And guess what? I do.

When my boyfriend complained I don’t listen to voice mail messages often enough, and admonished that I needed to check them at least daily, I said “Are you kidding? I LOVE that about me!”

Your true Self will eat this up! Because it knows the truth. **It knows you really ARE complete and whole and perfect just as you are.**

Like I said, this feels good. : )

And if you insist that there’s something about yourself you can’t love, then change it.

You hate that you smoke?

If you can’t love it about yourself, then give it up.

Your habit of always showing up late drives you even more crazy than the people around you? **Then change the habit if you can’t love it.**
Key Points:

- **Loving yourself is the best advantage you can give your manifesting efforts.**

  How do you love your imperfect self? Know that your “imperfection” IS perfect. Sounds corny, but it’s true – you already are complete and whole and perfect. If you honestly can’t love it, then change it.

  Life Follows Your Thoughts!

If you’ve ever thought to yourself:

- “Why don’t I have more money?”
- “Why can’t I drop these 20 pounds?”
- “Why are my relationships not working?”

You might just be missing the most important piece of the whole deliberate creation process... Self-Love!

This whole LOA thing we’ve been talking about falls apart without it.

Self-Love is the foundation for all manifesting and success.

There is so much more I want to tell you about The Art of Self-Love. If you want more of the story [click here](#).
Chapter Six:

The Hidden Truth About
The Law of Attraction

There will be risks... and you will face fears.

You may or may not conquer them, but you will move through them.

Fear might be with you every step of the way, but you will make progress!

On the surface, Law of Attraction can sound like the magic answer to all our prayers. Think about what you want instead of what you don’t want.

How simple is that?!

All I have to do is redirect my thoughts and my dreams come true?

**Sign me up!**

But it’s not always that simple.

Here’s what I’ve found trips people up.

Whereas we like the idea of visualizing safely from the comfort of the bed or couch this dream life we want, taking the steps that allow our dreams to come true isn’t as appealing.

When it comes to taking the scary action...

- letting go of what’s not working in our lives
- cleaning up our vibration

Just Beyond Your Fear Lies the Most Amazing World You Will Ever Experience In Your Entire Life…”
~ Jeff Atherton
• risking failure or disappointment as we claim what we want

... some of us clam up.

We don’t want to rock the boat, or risk looking foolish or feeling vulnerable.

We don’t want to step outside our comfort zones or stretch ourselves to gain the skills or experience that may be needed to get what we want.

We just want to think thoughts that will change our lives and have a smooth easy unfolding of all our desires.

Sometimes it works like that.

Usually it doesn’t.

A Brave New World

It’s more likely that practicing deliberate creation to get what you want will require brave bold steps on your part.

Giving up the things that have been holding you back, including the negative self talk, addictive relationships, the job you hate …

Listen friends, these things have to change!

You can’t do what you’ve always done and expect to get something different!

Along with thinking new positive thoughts and purposely feeling better, you’re likely going to have to take action.

Could be scary action.

You’re going to have to be willing to say “no” even though it will hurt someone’s feelings.

You may have to go out on a limb and do something you’ve never done before, like sign up for a class, apologize, or stand up for yourself.

Don’t let your fears keep you from doing what’s in alignment with the success you’re intending.

Yes, it’s scary to give that first public speech.
Yes, it’s frightening to tell your boyfriend goodbye for good.

I know it’s no fun to show up at the gym looking how you wish you didn’t look in front of everyone.

Here’s the thing you might not yet realize – this is the part that makes it all worthwhile.

Overcoming these internal challenges;

Doing the things we didn’t know whether or not we could do – that’s what makes this journey so fun and exciting!

Don’t shortchange yourself on this.

Get in the game ... stretch yourself!

Do something different!

**That’s what makes your dreams come true!**

Know that there will be risks and you will face fears.

You may or may not conquer those fears, but you will learn to move forward despite them. **We didn’t sign up for the “safe” ride when we chose planet earth for this go-around.**

We knew what it would be like.

This is what you came here for. :)

    Gear up for it, friends.
    It’s part of the process.
    No getting around it.

Things don’t change while you’re practicing wishful thinking at home on the couch.

At least, not usually.
Key Points:

- Something is going to have to change.
- **You can’t do what you’ve always done and expect to get something different.**
- There will be risks... You will face fears.
- You may or may not conquer them, but **you will move through them**.
- And it’s all good! **Trust me, you’re up for the task.** You know how I know? You’re here now.

*Life Follows Your Thoughts!*
Chapter Seven:

Failure Is Not An Option...
It's A Beginning!

Here’s what will most likely happen (if you haven’t experienced it already).

You get excited about using the Law of Attraction to get what you want...

You visualize or use some other manifestation technique to make things happen ...

... and you look forward to happy results.

But nothing happens!

Or worse, the opposite happens.

- You don’t get the job you wanted.
- You don’t get the girl.
- You don’t lose the weight.
- You don’t qualify for the house.

Friend, it’s not the end.

This is part of the process. This is how things go … sometimes. Not all the time, but sometimes.

Don’t let it get you down.

There’s this thing called “buffer of time,” which basically means our thoughts don’t manifest instantly.
So as you’re holding new positive thoughts to create new positive feelings, you’re still living out your old vibes that were not so positive.

Just think of it as getting them out of your system.

Or, if it has been a while, it may be that you’re still flowing a mixed vibration. As long as you do that, you’ll get mixed results.

Don’t get discouraged!

Over time, you will become much better at focusing more on what you want instead of what you don’t want, which will manifest in your reality sooner or later.

There Is No Such Thing As Failure

Someone said success is what follows a series of failures – and it’s a fabulous way of looking at what is seemingly not going your way.

It doesn’t mean you’re done.

“\textbf{How you deal with failure determines whether or not you ever get the opportunity to deal with success.}”

\textit{~ Dan Kennedy}

It just means you’ve got more path ahead of you before you get where you want to be.

And very often, what we think of as “gone wrong” or “failure” is in truth just the Universe delivering what we want in a better way. Hindsight is 20/20 on that one.

Remember when you thought that divorce was the end of the world?

And years later you see how it was the best thing for both of you?

Or when you were fired from that job you hated, and you can see how lucky you are that the Universe forced you out of a situation that wasn’t serving you?

Right.

LOA for the REAL WORLD...
We don’t always see it for what it really is.

- Keep walking.
- Get back up.
- Head in the direction that takes you where you want to go.

Don’t go running back home, cursing the idiots that told you LOA was the way to make your dream life come true.

**This stuff works when you let it work.**

But you’ve got to let it work.

That means you’ve got to continue on even in the face of “negative evidence.” It’s not over till it’s over, remember. You CAN have what you want, and you WILL...

**If you keep going.**

That means keep the faith, hold the good thoughts, and trust that you’ll find the way that allows things to happen.

As long as we’re entertaining both positive and negative thoughts (which most of us are), we’ll continue to experience both positive and negative results.

Don’t let it make you think that your deliberate creation work isn’t working...

**It Always Works... Every Time!**

Continue with what you know to do and what feels good.

You’ll soon get evidence of things going your way, and it makes it easier to persevere through those tough times.

**Remember that the Universe has your best interests at heart, and delivers you perfection every single time.**

Even when you can’t see it as such at the time.
Key Points:

1. Things will go wrong.

   Something you don’t want is likely going to happen. **Slipping into the old vibe is easy; don’t beat yourself up when you do.**

2. It’s not the end of the world.

   It doesn’t mean all your manifesting work was for naught. **It just means you’re experiencing a mix of vibrations.**

3. Don’t give up!

   Instead, ride it out. This is what separates the wheat from the chaff.

4. Trust me, you can do this!

   **Life Follows Your Thoughts!**
I hope – scratch that - I INTEND that in reading through this material you discovered something about your deliberate creative process that will help you move past your obstacles and stumbling blocks.

Although this ebook doesn’t cover all the ins and outs of manifesting, it does offer insight and solutions to what I’ve found are the biggest show-stoppers.

If you find you’d like more support in becoming a Master Manifestor in the real world, drop me an email and we’ll chat. Or visit Good Vibe Blog or check out the party for deliberate creators at Good Vibe University.

In the meantime, remember to keep your face to the sun as you move toward what you want.

The Universe wants us to be happy. And it’s way easier than we’ve ever believed possible!

Love & Miracles -
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